

Build a Better You Challenge!

Purpose: Dream. Believe. Achieve!

What You Need: The skills in this year's issues, your imagination, your picture, a pen, an envelope, and a stamp.

WHAT YOU DO

1. Read about a new Building Dreams topic in each issue.
2. Write an essay on the topic.
3. Mail your essay and picture to the address at the bottom of this page by **July 12, 2018**.
4. **WIN A PRIZE!**

PRIZES

All participants receive a signed picture of Marlin Jackson.

One winner from each issue will be named by Marlin as a **Super Builder**, receive a fidget spinner, and be featured in the next issue of this magazine.

Coach Marlin's Master Builder, chosen from the Super Builders, will win an NFL jersey of his or her choice. Winner will be announced in the January/February 2019 issue.



Need more room? Write your essay on a separate piece of paper!

Name:

Age:

City:

State:

What does TRUST mean to you?

How do you show TRUST at home, in school, or in your community?

Grown-up's Email Address:

Complete and cut out this clipboard and mail it to **Jack and Jill, P.O. Box 88928, Indianapolis, IN 46208**. Include your name, age, state, photo, and grown-up's email address. All submissions become the property of U.S. Kids.